

## VALUES

achievement	fame	loyalty	self-actualization
action	family	manners	self-respect serenity
adventure	fashion	marriage	simplicity sincerity
affection	financial security	materialism	single life
approval of others	free choice	meaningful work	skill
authority autonomy	free thinking	money	social change
balanced life beauty	free time	nature	social justice
career	freedom	non-violence	social status
challenge	friendship	novelty	socializing
change	frugality	order	solitude
charity	generosity	originality	sophistication
children civil	goals	parenthood	spirituality
rights civility	happiness	patriotism peace	spontaneity
cleanliness	health	perfection personal	stability status
collaboration common	hobbies	appearance	success
sense community	home	personal growth	time
community service	honesty	philanthropy	tradition
compassion	human development	philosophy	travel
conformity	human dignity human	physical challenge	truth
congruency	potential humility	physical fitness	variety
convention	humor	playfulness	wealth
courage	imagination	popularity	winning
creativity	independence	possessions	wisdom
culture	inner harmony	power privacy	work
discipline	insight integrity	productivity	
diversity	intellectual challenge	progress	
education	intelligence	purpose quality	
efficiency	intimacy	recognition	
effort	introspection	recreation	
emotional expression	intuition	relationships	
emotional health	joy justice	relaxation	
the environment	kindness	religion	
equality	knowledge	responsibility	
excellence	law	romance	
excitement	leadership	routine	
expertise	learning	safety	
fairness	leisure	security	

## CHARACTERISTICS

accepting	dependable	imaginative	principled
active	dignified	independent	proactive
adaptable	diplomatic	industrious	productive
adventurous	direct	inner-directed	purposeful
affectionate	discreet	innovative	quiet
altruistic	discriminating	inquisitive	rational
ambitious	dominant	insightful	realistic
assertive	down to earth	inspirational	reasonable
astute	eager	intelligent	reflective
athletic	easy-going	introspective	relaxed
attractive	educated	intuitive	reliable
authentic	effective	joyful	reserved
balanced	efficient	kind	resourceful
beautiful	elegant	knowledgeable	respectful

bold	emotional	leader	responsible
brave	empathic	logical	risk-taking
bright	enchanting	loving	secure
brilliant	energetic	loyal	self-controlled
calm	enterprising	mature	selfless
candid	entertaining	mellow	self-reliant
carefree	enthusiastic	methodical	sensible
careful	ethical	modest	sensitive
caring	even-tempered	moral	serious
charitable	expressive	motivated	sincere
charming	fair	mysterious	skillful
charismatic	faithful	natural	sociable
charitable	firm	neat	spiritual
cheerful	flexible	nice	spontaneous
clever	focused	non-conformist	stable
committed	forceful	non-judgmental	strong
compassionate	forgiving	non-superficial	supportive
competent	forthright	open	sweet
competitive	friendly	open-minded	sympathetic
confident	frugal	optimistic	tactful
conformist	fun-loving	organized	thoughtful
congruent	generous	original	thrifty
conscientious	gentle	out-going	tidy
considerate	genuine	patient	tolerant
consistent	good humored	patriotic	trusting
content	graceful	peaceable	trustworthy
cooperative	grateful	perceptive	understanding
cordial	handsome	perseverant	unique
courageous	hard-working	persuasive	versatile
creative	harmonious	philosophical	visionary
curious	healthy	pleasant	warm
daring	helpful	popular	wise
decisive	honest	powerful	witty
dedicated	humble	practical	
deep	idealistic		

## SKILLS & TALENT

accuracy	facilitating understanding	quality control
acting	finding new uses for things	repairing things
adapting to change	following directions	research
advising others	gardening	resolving conflicts
aesthetic sensitivity	giving positive feedback	resourceful
analyzing problems	generating new ideas	running meetings
art	helping people	science
assessing resources	homemaking	seeing all sides of an issue
bargain shopping	hunting/fishing	seeing connections
brainstorming	identifying problems	seeing possibilities
bridging theory & practice	implementing systems	seeing the big picture
budgeting	inspiring others	selling
building things	instructing	sensitive awareness of emotions
caring for others	intuitive knowledge	serving others
caring for animals	knowing & following protocol	sewing
carpentry	leadership	setting up systems