|  |  |  |  |
| --- | --- | --- | --- |
| **VALUES** | | | |
| achievement action  adventure affection  approval of others  authority autonomy  balanced life beauty  career  challenge  change  charity children civil rights civility  cleanliness  collaboration common sense community  community service  compassion  conformity  congruency  convention  courage  creativity  culture  discipline  diversity  education  efficiency effort  emotional expression  emotional health  the environment  equality excellence  excitement expertise  fairness | fame  family  fashion  financial security  free choice  free thinking  free time  freedom  friendship  frugality  generosity  goals  happiness  health  hobbies  home  honesty  human development  human dignity  human potential  humility humor  imagination  independence  inner harmony  insight integrity  intellectual challenge  intelligence  intimacy  introspection  intuition  joy justice | loyalty manners  marriage materialism  meaningful work  money  nature  non-violence  novelty  order  originality  parenthood  patriotism peace  perfection  personal appearance  personal growth  philanthropy  philosophy  physical challenge  physical fitness  playfulness popularity  possessions power  privacy productivity  progress  purpose quality recognition  recreation  kindness  knowledge  law  leadership  learning  leisure | relationships  relaxation  religion  responsibility  romance routine  safety security  self-actualization  self-respect serenity  simplicity sincerity  single life  skill  social change  social justice  social status  socializing  solitude  sophistication  spirituality  spontaneity  stability status  success  time  tradition  travel  truth  variety  wealth  winning  wisdom  work |

**My Mission Statement Worksheet**

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| --- | --- | --- | --- |
| **CHARACTERISTICS** | | | |
| accepting  active  adaptable  adventurous  affectionate  altruistic  ambitious  assertive  astute  athletic  attractive  authentic  balanced  beautiful  bold  brave  bright  brilliant  calm  candid  carefree  careful  caring  charitable  charming  charismatic  charitable  cheerful  clever  committed  compassionate  competent  competitive  confident  conformist  congruent  conscientious  considerate  consistent  content  cooperative  cordial  courageous  creative  curious  daring  decisive  dedicated  deep | dependable  dignified  diplomatic  direct  discreet  discriminating  dominant  down to earth  eager  easy-going  educated  effective  efficient  elegant  emotional  empathic  enchanting  energetic  enterprising  entertaining  enthusiastic  ethical  even-tempered  expressive  fair  faithful  firm  flexible  focused  forceful  forgiving  forthright  friendly  frugal  fun-loving  generous  gentle  genuine  good humored  graceful grateful handsome  hard-working  harmonious  healthy  helpful  honest  humble  idealistic | imaginative  independent  industrious  inner-directed  innovative  inquisitive  insightful  inspirational  intelligent  introspective  intuitive joyful  kind  knowledgeable  leader  logical  loving  loyal  mature  mellow  methodical  modest  moral  motivated  mysterious  natural  neat  nice  non-conformist  non-judgmental  non-superficial  open  open-minded  optimistic  organized  original  out-going  patient  patriotic  peaceable  perceptive  perseverant  persuasive  philosophical  pleasant  popular  powerful  practical | principled  proactive  productive  purposeful  quiet  rational  realistic  reasonable  reflective  relaxed  reliable  reserved  resourceful  respectful  responsible  risk-taking  secure  self-controlled  selfless  self-reliant  sensible  sensitive  serious  sincere  skillful  sociable  spiritual  spontaneous  stable  strong  supportive  sweet  sympathetic  tactful  thoughtful  thrifty  tidy  tolerant  trusting  trustworthy  understanding  unique  versatile  visionary  warm  wise  witty |

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| **SKILLS & TALENT** | | |
| accuracy | facilitating understanding | quality control |
| acting | finding new uses for things | repairing things |
| adapting to change | following directions | research |
| advising others | gardening | resolving conflicts |
| aesthetic sensitivity | giving positive feedback | resourceful |
| analyzing problems | generating new ideas | running meetings |
| art | helping people | science |
| assessing resources | homemaking | seeing all sides of an issue |
| bargain shopping | hunting/fishing | seeing connections |
| brainstorming | identifying problems | seeing possibilities |
| bridging theory & practice | implementing systems | seeing the big picture |
| budgeting | inspiring others | selling |
| building things | instructing | sensitive awareness of emotions |
| caring for others | intuitive knowledge | serving others |
| caring for animals | knowing & following protocol | sewing |
| carpentry | leadership | setting up systems |